6TH QUALITATIVE RESEARCH ON MENTAL HEALTH CONFERENCE
Towards relational perspectives in mental health research

May 25-27, 2016

Conference Venue:
Mediterranean Agronomic Institute of Chania (MAICh)

Organisers:
Evrinomy Avdi, Aristotle University of Thessaloniki, Greece
Eugenie Georgaca, Aristotle University of Thessaloniki, Greece

Organising Committee
Niels Buus, University of Southern Denmark, Denmark
Jane Callaghan, University of Northampton, U.K.
Julianna Challenor, City University London, U.K.
Dariusz (Darek) Galasinski, University of Wolverhampton, U.K.
Vilma Hänninen, University of Eastern Finland, Finland
David Harper, University of East London, U.K.
Lisbeth Hybholt, Metropolitan University College, Denmark
Philia Issari, University of Athens, Greece
Naomi James, Goldsmiths, University of London, U.K.
Linda McMullen, University of Saskatchewan, Canada
Hugh Middleton, University of Nottingham, U.K.
Katia Romelli, University of Milano-Bicocca & Civil Hospital of Busto Arsizio, Italy
Sandra Walker, University of Southampton, U.K.
Towards relational perspectives in mental health research

Over the last decades, mental health theory and practice have witnessed a clear move towards relational approaches to understanding and dealing with mental health difficulties. Interpersonal, family and social relationships are considered central to fostering mental health, coping with life’s stresses and managing trauma and distress. Moreover, the central role of the relationship between professionals and service users in providing appropriate and helpful services and avoiding harm has also been increasingly recognised and examined, both through questioning the role of coercion and control in professional mental health practices and through promoting ethics of relationality in professional-client interactions. On the methodological front, relational research approaches have been developed, which focus on communication, dialogue, affective interaction, embodiment and the intersubjective processes involved in the mutual co-construction of meaning. The conference invites qualitative studies, from a variety of disciplines, which adopt relational research perspectives and/or examine aspects of relationships in a range of topics pertaining to mental health. We also encourage consideration of the role of personal and socio-cultural factors that support or hinder relationships, including gender, culture and social position.

Conference Logo Concept

The city of Chania is located on the north-east coast of the Prefecture of Chania in Crete. Since ancient times, the city has faced many conquerors and bears the influences of many civilizations through time, evident in Chania’s monuments. The city of Chania has managed to preserve its historical character and it is now considered one of the most beautiful cities of Greece as well as the most picturesque city of Crete.

During the Venetian and Ottoman periods, some of the most magnificent buildings of Chania were constructed; among them the city’s Venetian Port, the value of which was especially recognized during mid 19th century, as well as its potential to improve the local economy. This is when the port’s lighthouse was constructed, becoming a landmark for the city of Chania and ever since “spreading light” to the beauties of Chania’s past and present.

The city of Chania looks forward to welcoming the 6th Conference on Qualitative Research in Mental Health (May 25-27, 2016).
INVITED SPEAKERS

Jeanne Marecek, Swarthmore College, U.S.A.

Jeanne Marecek is Senior Research Professor and Professor Emerita at Swarthmore College. Much of her scholarly work concerns the cultural and social bases of psychological suffering, including critiques of the medicalization of such suffering. She is co-author (with Eva Magnusson) of Gender and Culture in Psychology: Theories and Practices (Cambridge, 2012) and of Doing Interview-based Qualitative Research (Cambridge, 2015). She and Nicola Gavey edited DSM-5 and Beyond: Feminist Engagements with Psychodiagnosis (2013), a special issue of Feminism & Psychology. She is also co-editor (with Michelle Fine) of the book series Qualitative Studies in Psychology (New York University Press). Her current research focuses on young women and men, the gender order, and suicide and suicide-like behavior in Sri Lanka. She earned her PhD from Yale University.

Hugh Middleton, University of Nottingham, U.K.

Hugh Middleton has been associated with QRMH from its beginnings in Finland in 2006. He organised and hosted QRMH3 and QRMH4 in Nottingham, in 2010 and 2012 and spoke at QRMH5. Hugh is an experienced NHS Psychiatrist of some 20 years standing and Associate Professor of the School of Sociology and Social Policy, University of Nottingham. Over the years funded research has spanned psychopharmacology, cognitive behavior therapy, service users’ experiences and team working. In recent years he has supervised a number of successful PhD students investigating mental health matters from a social sciences perspective, as those research interests evolved into a critique of medical and positivist approaches to “mental illness”. Psychiatry Reconsidered. From Medical Treatment to Supportive Understanding was published by Palgrave Macmillan in June 2015. Several blogs can be found on the Mad in America site and other publications at https://nottingham.academia.edu/HughMiddleton. He is Co-chair of the UK Critical Psychiatry Network.

Jaakko Seikkula, Ph.D., Professor of Psychotherapy, University of Jyväskylä, Clinical psychologist, family therapist

Jaakko Seikkula has been mainly involved in developing family and social network based practices in psychiatry with psychosis and other severe crises. Since the early 1980s and for many years he was part of the team that developed the comprehensive Open Dialogue approach for acute psychosis. Recently, ideas of open dialogues have been applied to social work with children’s problems, organizational consultation, supervision and teaching. Research has focused on outcome and process studies of family therapy of psychosis and depression and on social network interventions. Concerning outcome studies in psychotherapy, the main focus is on developing methods for naturalistic designs to see how psychotherapy affects real world clinical practice.
**INVITED PANEL**

**User-Led Research by the Service User Research Enterprise (SURE), King’s College London**

- Using participatory photography to elicit service user responses to the design of acute psychiatric wards – a reflection
  Dr Constantina Papoulias

- Relational dilemmas in carrying out ethnographic work in mental health as a service user researcher: struggling with immersion and distance
  Dr Konstantina Poursanidou

- Patient Generated Patient Reported Outcome Measures (PG PROMS): Shifting power relations between clinician and service user
  Corrine Anderson

**CONFERENCE PROGRAMME**

**SUMMARY VERSION**

**Wednesday 25 May**

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<thead>
<tr>
<th>ARISTOTLE HALL</th>
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<th>PYTHAGORAS HALL</th>
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<tr>
<td><strong>16.00-17.00</strong></td>
<td>REGISTRATION &amp; WELCOME COFFEE</td>
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| **17.00-18.30** | SYMPOSIUM
Future Stories as resources in times of unemployment | SYMPOSIUM
Hurting and healing in therapeutic environments: How can we understand the role of the relational context? | THEMATIC SESSION
Making sense of distress |

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<th>POSEIDON LECTURE THEATRE</th>
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### Friday 27 May

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<tr>
<td>9.00-10.30</td>
<td><strong>SYMPOSIUM</strong> Exploring the Art and science of psychotherapy</td>
<td><strong>THEMATIC SESSION</strong> Practitioner perspectives I</td>
<td><strong>THEMATIC SESSION</strong> Clients’ experiences of MH interventions I</td>
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<td>10.30-11.00</td>
<td><strong>COFFEE BREAK</strong></td>
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<td>11.00-12.30</td>
<td><strong>SYMPOSIUM</strong> Disrupted attachments, disrupted families? Systemic pathways for change in adoption and foster care</td>
<td><strong>THEMATIC SESSION</strong> Practitioner perspectives II</td>
<td><strong>THEMATIC SESSION</strong> Client’s experiences of MH interventions II</td>
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<td>12.30-13.30</td>
<td><strong>Keynote address:</strong> Hugh Middleton</td>
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<td>13.30-14.30</td>
<td><strong>LUNCH BREAK</strong></td>
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<td>14.30-16.00</td>
<td><strong>SYMPOSIUM</strong> Service user and carer experiences of compulsion: International perspectives on coercion and human rights</td>
<td><strong>THEMATIC SESSION</strong> Loss &amp; distress within the family</td>
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<td>16.00-17.00</td>
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<td><strong>THEMATIC SESSION</strong> Issues of trauma &amp; recovery</td>
<td><strong>THEMATIC SESSION</strong> Investigating discourses &amp; practices of MH</td>
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<td><strong>POSEIDON LECTURE THEATRE</strong></td>
<td><strong>Closing session:</strong> Towards QRMH7?</td>
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**REGISTRATION**

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<th>REGISTRATION*</th>
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<tr>
<td>Regular Delegates</td>
<td>€260</td>
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*The registration fee includes:*
- Conference Material
- Conference Sessions
- Coffee Breaks & Light Lunches during the 3day sessions
- Welcome Reception
- Gala Dinner

*Registration fees DO NOT include accommodation.*

**CONFERENCE SECRETARIAT**

Conference secretariat will be at the coffee break area outside Pythagoras and Socrates Amphitheaters, and will operate during the following hours:

- **Wednesday, 25/05/2016**
  - 16:00-20:00
- **Thursday, 26/05/2016**
  - 09:00-18:00
- **Friday, 27/05/2016**
  - 09:00-18:30

You can also contact the secretariat at: T: 6937 327775 | E-mail: qrmh6@symvoli.gr

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SYMVOLI-Conference and Cultural Management LTD was founded in 1995 to meet the needs of the scientific community of Thessaloniki for professional support in seminar and conference organizing. Over the past 20 years, SYMVOLI has organized more than 250 successful national and international scientific conferences, seminars, social and cultural events.

**SYMVOLI-Conference & Cultural Management LTD**
3 Venizelou str., Stoa Levi, GR-546 24 Thessaloniki, Greece
T +30 2310 433099 • F +30 2310 433599 • [www.symvoli.gr](http://www.symvoli.gr) • info@symvoli.gr
The time allocated for oral presentations is **20 minutes**, consisting of 15 minutes for the presentation and followed by a maximum of 5 minutes for questions and discussion. In order to keep the conference on schedule and accommodate delegates who want to move between sessions, chairs are asked to strictly enforce the time schedule.

Delegates are kindly requested to check the final programme in order to confirm the allocated time and hall for their presentation, as well as to be informed about the chair and co-chair of their session. They are also advised to make their presence known to one of the chair persons before the session starts and to be present during the entire session in which their presentation is scheduled.

All oral presentations must be pre-loaded onto the conference server prior to your lecture at the Technical Secretariat (operating within the Conference Secretariat), the day before or at least two (2) hours before each presentation with a CD or USB stick. Personal laptops are not allowed.

**POSTER SESSION**

Poster presentations are held in the coffee break area on Thursday, May 26, from 16:30 to 17:00.

- **Setup:** You may set up your poster any time between 11:30 and 16:00 that day. The secretariat will be there to assist you.
- **Size and Shape:** Size and Shape: All posters are displayed on a floor standing fabric-covered bulletin board with 1 presentation per side. The poster presentation boards are 0.70 meters WIDE by 1.50 meters HIGH and, allowing for the frame, each presenter will have 0.65 x 1.45 meters for his or her display.
- **What to Bring:** You should bring the printed content, but you DO NOT need to bring the poster board itself or pins for attaching your poster components. The secretariat will supply the poster board and plenty of pins.

**LANGUAGE / INTERNET ACCESS**

All the announcements will be presented in English. There will be no simultaneous translation in other languages.

High-speed wireless internet access is available in all areas of the conference venue.
The city of Chania is located on the north-east coast of the Prefecture of Chania. It is the capital of the prefecture and its administrative, economic, commercial and transportation centre. It has a population of over 60,000 residents and is built over the ruins of the ancient city of Kydonia. Since ancient times, the city of Chania has faced many conquerors and bears the influences of many civilizations through time, evident in the city monuments. The beautiful city of Chania managed to preserve its historical character, despite the fast-growing tourist industry. It is considered as one of the most beautiful cities of Greece and the most picturesque city of Crete. The city of Chania is also characterized by a rich cultural life. A plethora of cultural events are organized every year (exhibitions, festivals, theatrical and musical performances, etc.)

The city has an airport and the port of Souda, the largest natural port of the Mediterranean.

The Municipal Market is one of the most central spots in the city, hosted in a 1913 building. A short distance from the centre there is the Municipal Garden and next to it the park “Eirinis kai Filias” (meaning, the “park of peace and friendship”).

The Venetian port provides pleasant promenades through picturesque streets and attracts many visitors throughout the year. There are also many bars and restaurants by the seaside, catering for every taste. The districts of the city outside the walls still preserve their Venetian nobility. Narrow passages surrounded by elegant houses built in different historical periods offer visitors pleasant routes to discover. Many neoclassic buildings are also preserved in neighboring districts, such as in “Halepa”. 
MAICh is the 4th constituent institute of **CIHEAM, the International Centre for Advanced Mediterranean Agronomic Studies**, an Intergovernmental Organisation which was founded at the joint initiative of the OECD and the Council of Europe on 21 May 1962 under an agreement signed by the governments of seven southern European countries: France, Greece, Italy, Portugal, Spain, Turkey and Yugoslavia. The 1962 agreement establishing the Centre stipulates that CIHEAM's mission consists in **“providing supplementary education (economic as well as technical) and developing a spirit of international cooperation among agricultural personnel in Mediterranean countries”**. According to article 15 of this agreement, every country on the Mediterranean rim is potentially eligible for membership of CIHEAM.

In the mid nineteen-eighties CIHEAM therefore began to open up to countries on the southern and eastern shores of the Mediterranean Basin. This initiative resulted in the accession of several new Member States: Tunisia (1985), Egypt and Algeria (1986), Malta (1989), Morocco (1991), Albania (1992) and Lebanon (1994).

CIHEAM is made up of four Mediterranean Agronomic Institutes (MAIs), located in Bari (Italy), Chania (Greece), Montpellier (France) and Zaragoza (Spain), and a General Secretariat based in Paris.

Since 1986, and as the 4th constituent institute of CIHEAM, MAICh pursues its three main complementary missions through

- post-graduate specialised education
- networked research
- facilitation of regional debate

with focus in the fields of Business Economics and Management, Geoinformation in Environmental Management, Horticultural Genetics and Biotechnology, Food Quality and Chemistry of Natural Products, Sustainable Agriculture, and has established itself as an authority in Mediterranean agriculture, Food and Rural Development.
THE CONFERENCE CENTER

A Conference Center conceived with respect to the environment, dedicated to accommodate Academic and Research Conferences, Seminars, Workshops, Summer Schools with a full range of integrated organisational support services.

The Conference Center of MAICCh, with its versatile design combines first class standards of comfort and service with the latest technology in a prestigious location. It is situated in a picturesque, typical Mediterranean pine-tree forest setting, 3 km south-east of the city of Chania, 13 km from the international airport and 1 km from the port. Established in 1990, it satisfies the requirements of very sophisticated and advanced conferences; accommodates seminars, symposiums, meetings and presentations; and hosts simultaneously or independently exhibitions and poster sessions. The conference halls are supported by all modern audio-visual equipment, including video, overhead and slide projectors, large screens, simultaneous interpreting system, video recorders, cordless microphones, exhibition stands, video and tape recording, internet (also wireless access), email access in different places and technical support.
CONFERENCE ACCOMMODATION

@ MAICH

Address: Alsyllio Agrokepio, 1 Makedonias str, PO Box 85, Chania 73100, Crete
Telephone: 28210 35000
Accommodation in the MAICh includes luxurious stone houses in the Conference campus that can host a limited number of participants, student dormitories and “attic-rooms” in the student dormitories building.

@ CHANIA CITY CENTER

ARKADI HOTEL
1866 Square, 73100 Chania
Tel.: +30 28210 92418
www.arkadi-hotel.gr
info@arkadi-hotel.gr

KRITI HOTEL
Nik. Foka & Kiprou, 73100 Chania
Tel.: +30 28210 51881-3-5
www.kriti-hotel.gr
info@kriti-hotel.gr

KYDON HOTEL
Sofoklis Venizelos Sq. & 2, Str. Tzanakaki, 73100 Chania
Tel.: +30 28210 52280
www.kydonhotel.com
info@kydonhotel.com
MAiCh is located 3 km south-east of Chania city centre, 13 km from the airport and 2 km from the port of Souda.

Transportation from Chania International Airport to the Conference Venue

- **TAXI:** the best way to reach MAiCh from the airport is to take a taxi. There is no direct line connecting MAiCh with the airport. The taxi costs approximately 25,00€ - 28,00€. There is a taxi station just across the exit of arrivals at the airport so you don’t have to book a taxi ahead.
- **BUS:** there is a local bus that can take you to the Central Bus Station in the city center (KTEL) from the airport (you can find the timetable at West Crete Bus Service website [bus-service-crete.com](http://bus-service-crete.com)). Bus tickets from airport to Chania city centre cost 2.30€. Then you can take a taxi from the city center and come to MAiCh. The cost is approximately 10,00€. There is a taxi station at the 1866 square about 30 meters away from the exit gate at the bus station (KTEL) on your right. In general, the timetable that connects MAiCh with the city center (AGORA-the terminal stop as well as the departure stop from the city center to MAiCh) can be found in the Chania City Bus website ([www.chaniabus.gr](http://www.chaniabus.gr))

Transportation from Chania (city centre) to the Conference Venue

- **TAXI:** the easiest way to be transferred to MAiCh is by taxi and the cost is approximately 7,00€-10,00€.
- **BUS:** the city center of Chania can be reached by bus No13. Buses leave every 20min and the bus stop is located outside the MAiCh premises on the main street (Souda Avenue). Tickets cost 1.20€ one way and will be available for purchase at MAiCh’s Restaurant. Please take into consideration that when the ticket is purchased on the bus the price rises for 0,50€.
Conference Transportation for Delegates

Coach bus transfer from Chania to and from the conference venue is offered to delegates staying in Chania, twice a day. Please see the timetable below:

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<tr>
<th>DAY</th>
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<td>WEDNESDAY 25/05/2016</td>
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* The coach bus transfer is provided only for participants staying in Arkadi, Kriti & Kydon Hotel in Chania. The bus voucher that you will find in your hotel room is required for every transportation and is valid only for one person.

ACCOMPANYING PEOPLE @ SOCIAL EVENTS

In case accompanying people would like to attend the Welcome Reception, the Gala Dinner or the light lunches, special coupon tickets are available at the conference secretariat.

Prices are (per person) as follows:

Lunch 12€ / Welcome Reception 15€ / Gala Dinner 25€
The Conference Cocktail will take place at the Neorio Moro (shipyard), the home of Hania Sailing Club on **Thursday, May 26th at 20.30.**

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**Neorio Moro: Cultural Space of Hania Sailing Club**

Neorio Moro, the home of Hania Sailing Club, is functional and at the same time aesthetically exceptional, a very imposing building at a key geographic spot, with endless potential and countless symbolisms. For the above reasons we, the people of the Club, decided to open this space to Culture. One could say that this was a natural consequence. The aim is to host events such as exhibitions, performances, installations, lectures, seminars, film screenings.

**HISTORY**

During the Venetian Occupation (1204 – 1669) and more specifically in 1467, Venice ordered the construction of shipyards (arsenali), for repairing the Venetian ships. By 1593 sixteen neoria (shipyards) had already been built and in 1599, seventeen neoria were completed. In 1607 the construction of five more neoria began at the eastern side of the
harbour, known as Neoria Moro, named by the Venetian Benedetto Moro, who was in charge of the project. These neoria differed from the rest, as their back side formed part of the fortress, they only had one main entrance and one large half circle window on the eastern wall. The main entrance was a large gate on the side of the sea, allowing the water to enter, thus enabling to bring the ships inside. Neorio Moro is about 60m long, 9m wide and 10m high. Two out of the five neoria were completed, while this particular third one (roofless) was never completed, due to the occupation by the Turks, in 1645. During the Turkish occupation the lack of maintenance of the harbour led to the change of the neoria's initial use, as the main gates to the sea were closed, for their transformation to serve mainly as military storage facilities. Later on, the roofless neorio acquired ceramic roof tiles, which collapsed during the World War II bombings, in 1941.
CONFERENCE TIMETABLE
16.00-17.00 Registration
Welcome coffee

17.00-18.30

17.00-18.30 | SYMPOSIUM
Future Stories as resources in times of unemployment
Organizer: Anneke Sools • Discussant: Evrinomy Avdi

- Future stories as resources for resilience in the face of precarity
  Anneke Sools
- On a waiting list for life: Young unemployed Greek graduates constructing future selves
  Theofanis Filippas, Sofia Triliva & Anneke Sools
- Responding to a paradoxical task: Imagine a desired future without employment
  Maria Borcsa, Egle Naraskeviciute & Anneke Sools

17.00-18.30 | SYMPOSIUM
Hurting and healing in therapeutic environments: How can we understand the role of the relational context?
Organizer: Simon Clarke • Discussant: Hugh Middleton

- The role of everyday interactions and relationships during a process of therapeutic change
  Jenelle Clarke
- Characteristics of relationships that can hinder or promote mental health and well-being
  Ruth Brown
- The ‘Quadrilogue’: An interpersonal autoethnographic account of madness
  Simon Clarke
### 17.00-18.30 | THEMATIC SESSION
Making sense of distress  
Chair: Sandra Walker

- Oppressed and trapped in the achievement ethos: Reconstructing subjective theories of depression in the therapeutic process  
  *Leonie Knebel*

- Youth depression: Young people’s experiences in relation to the cultural story models of depression  
  *Mervi Issakainen*

- An autoethnographic narrative of the dreamy states of epilepsy  
  *Louise King*

- Applying rigor criteria to qualitative research in mental health: Not an easy task!  
  *J. Rassy, L. Mathieu, C. Michaud ⊕ J-P. Bonin*

### 18.30-20.00

#### 18.30-19.00 | WELCOME  
*Chairs: Evrinomy Avdi ⊕ Eugenie Georgaca*

#### 19.00-20.00 | KEYNOTE ADDRESS  
Research of dialogues in naturalistic design  
*Jaakko Seikkula*  
Chair: Hugh Middleton

#### 20.00 | WELCOME RECEPTION
**THURSDAY, MAY 26th**

**09.00-10.30**

**9.00-10.30 | SYMPOSIUM (part I)**
Relational mind: Combining qualitative research and participants’ autonomic nervous system responses within a couple therapy session  
*Organizer: Virpi-Liisa Kykyri & Juha Holma • Discussant: Jarl Wahlström*

- **Relational mind in events of change in multi-actor dialogues**  
  Jaakko Seikkula, Virpi-Liisa Kykyri, Anu Karvonen, Jukka Kaartinen, Markku Penttonen, Juha Holma, Evrinomy Avdi  
  Maria Borcsa

- **Soft prosody and silences in interaction in important moments of one couple therapy session**  
  Virpi-Liisa Kykyri, V. Tsatsishvili, R. Hotakainen, Anu Karvonen, Markku Penttonen, Jukka Kaartinen  
  Jaakko Seikkula

- **Relational mind: Stimulated recall as creation of sense in the personal, couple and therapeutic system**  
  Maria Borcsa, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen, Jukka Kaartinen  
  Jaakko Seikkula

**9.00-10.30 | THEMATIC SESSION**
Psychoanalytic perspectives & psychotherapy research  
*Chair: Katia Romelli*

- **Discourse analysis and psychoanalytic approaches to therapy talk: Conflicting or compatible?**  
  Janet Smithson, Richard Mizen  
  Georgia Lepper

- **The core conflictual relationship theme: A single-case study**  
  Kimberly Van Nieuwenhove

- **“Not dead...abandoned”: A pragmatic case study of combat related trauma**  
  Julianna Challenor

- **Making waves in the therapeutic dialogue: The disruptive quality of lacanian interventions**  
  Goedele Hermans

**9.00-10.30 | THEMATIC SESSION**
Social and relational factors in distress I  
*Chair: Eugenie Georgaca*

- **Relationships, connectedness and psychosis in emerging adulthood: A relational mapping interview method**  
  Zoë Boden
• Exploring valued activities and resources to support mental health recovery and well-being through social network mapping
  Sandra Walker

• What have weak ties got to offer?: A qualitative study of connecting to support and mobilising resources for those in receipt of care planning
  Anne Rogers, Helen Brooks, Caroline Sanders, Claire Fraser & Karina Lovell

• Exploring the important relationships implicated in the management of severe mental illness: A qualitative, longitudinal study utilizing networks of personal communities
  Helen Brooks, Caroline Sanders, Karina Lovell, Claire Fraser & Anne Rogers

10.30-11.00  COFFEE BREAK

11.00-12.30  SYMPOSIUM (part II)
Relational mind: Combining qualitative research and participants’ autonomic nervous system responses within a couple therapy session
  Organizer: Virpi-Liisa Kykyri & Juha Holma • Discussant: Jarl Wahlström

• Positioning in couple therapy: Exploring interactional, affective and embodied aspects
  Evrinomy Avdi, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen, Jukka Kaartinen & Jaakko Seikkula

• Analysing the narrative mode of the participants in a couple therapy and combining these with autonomic nervous system responses
  Berta Vall, Aarno Laitila, Juha Holma, Jaakko Seikkula, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen & Jukka Kaartinen

• When becoming a parent constructs disconnection in couple relationship: Combining discourse analysis and autonomic nervous system responses
  Helena Päivinen, Juha Holma, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen, Jukka Kaartinen & Jaakko Seikkula

11.00-12.30  SYMPOSIUM
The relationship between the subject and the other: Psychoanalytic theory, qualitative research and clinical practice
  Organizer: Katia Romelli • Discussant: Katia Romelli

• The presence of the analyst: A theory-driven thematic analysis of follow-up interviews with patients in psychoanalytic therapy
  Joachim Cauwe

• “Not without parents”: Meetings group parents, research findings and “return” on clinical practice with children
  Giuseppe Pozzi & Katia Romelli
• Non-normative identities and relationships: A qualitative research on the experience of families of adult people with diagnosis of mental disorder or disability living in residential services  
   Fiorella Bucci

• Lacanian theory for understanding and managing critical incidents in mental health  
   Gerard Moore

11.00-12.30 | THEMATIC SESSION  
Social and relational factors in distress II  
Chair: Vilma Hänninen

• On home and homelessness: Mental health care service users’ search for spaces of belonging  
   Saara Jäntti

• The role of filial piety in mediating risk and recovery in Chinese women with a history of suicidal behaviour: A crosscultural qualitative study  
   June Lam, Juveria Zaheer, Sam Law, Wes Shera, AK Tat Tsang, WL Alan Fung, Annette Zhang, Pozzi Liu, Rahel Eynan & Paul S Links

• Significant situations related to young people’s social anxiety  
   Heta Yli-Länttä & Vilma Hänninen

• The everyday social geographies of social anxiety disorder  
   Louise Boyle

12.30-13.30

12.30-13.30 | KEYNOTE ADDRESS  
Situating suffering: Critical qualitative studies of therapeutic culture  
Jeanne Marecek  
Chair: Linda McMullen

13.30-14.30  LUNCH BREAK

14.30-16.30

14.30-16.30 | SYMPOSIUM  
Dealing with distress: Narrative and discursive approaches  
Organizers: Eugenie Georgaca & Félix Díaz • Discussant: Vilma Hänninen

• The unbridgeable chasm between the social world and the ‘spoiled’ self in narratives of people with a history of involuntary commitment in psychiatric facilities in Greece  
   Konstantina Katostari, Sofia Triliva & Manolis Tzanakis

• Strategies of living with and managing psychosis: A biographical narrative study  
   Eugenie Georgaca & Anastasia Zissi
• Accounts of how distress comes to be managed with medication
  Linda M. McMullen & Kristjan J. Sigurdson

• Reconstructing support relations: Biographic accounts by carers for people with eating disorders
  Félix Díaz & Natalia Solano Pinto

• Future stories as resources for managing distress: Fostering prospective reflection in psychiatric patients
  Anneke Sools & Daniela Preen

14.30-16.30 | SYMPOSIUM
Developing qualitative research approaches within a psychodynamic context
Organizer: Janet Smithson • Discussant: Richard Mizen

• Family changes – or not?
  Caryn Onions

• Containment or not?
  Elizabeth Weightman

• A qualitative analysis of the impact of Intensive psychodynamic treatment on the internal world of individuals with severe and complex personality disorder
  Claire Johnson

• The mind of the mother: Mental representation of the internal space of mother, therapist, self in borderline states
  Maggy Cairns

• Taking up the role of doctor
  Diana Bass

14.30-16.30 | THEMATIC SESSION
Participatory approaches to service development
Chair: Hugh Middleton

• Qualitative studies of wellbeing in communities affected by conflict and disaster in Sri Lanka
  Chamindra Weerackody & Suman Fernando

• Applying lessons from qualitative research in developing mental health services in Sri Lanka
  Suman Fernando & Chamindra Weerackody

• Quality matters: Reaching vulnerable mentally distressed men and women in urban Nepal
  Bidya Rajbhandari, Ansu Tumbahangfe & Gael Robertson

• Mental health in Malaysia: Are we on the right track?
  Ainul Nadhirah Hanafiah & Tine Van Bortel

• A mixed-methods approach for non-pharmacological intervention development
  Mijung Park

16.30-17.00 COFFEE BREAK
17.00-18.00 | THEMATIC SESSION
Experiencing psychotherapy process
Chair: Philia Issari

- Breaking recursive patterns in couple interactions:
  Gambling and addictive disorders
  Bonnie K. Lee

- Displaying agency problems in therapy talk
  Minna-Leena Seilonen & Jarl Wahlström

- “Close your eyes, and describe the scene before you”: Using
  dreams as a relational approach to reflexive research
  Louise King

17.00-18.00 | THEMATIC SESSION
Issues of trauma & recovery
Chair: Lisbeth Hybolt

- The psychological, social, cultural and spiritual factors
  influencing the development of post traumatic stress disorder
  following motor vehicle accidents in a Malaysian setting
  Rafidah Bahari, Muhammad Najib Mohamad Alwi, Nasrin Jahan, Muhammad Radhi
  Ahmad & Ismail Mohd Saiboon

- How do people cope with post traumatic distress after an accident? The role
  of psychological, social and spiritual coping in Malaysian Muslim patients
  Rafidah Bahari, Muhammad Najib Mohamad Alwi, Nasrin Jahan, Muhammad Radhi
  Ahmad & Ismail Mohd Saiboon

- Discursive construction of realities concerning the accident of Fukushima
  No. 1 nuclear power plant: Can we find a way of reconciliation?
  Yasuhiro Igarashi

17.00-18.00 | THEMATIC SESSION
Collaborative research in mental health
Chair: Niels Buus

- A collaborative project within the framework of user involved research
  Kari Eldal, Åse Skjølberg, Eli Natvik, Marius Veseth, Christian Moltu & Sogn og Fjordane

- Victims or perpetrators? Interpretations of anti-social
  behaviour and the impact on service provision
  Anne Krayer, Natalie Davies, Tina Foulkes, Freda Lacey, Catherine Robinson & Rob Poole
• Qualitative epistemology and constructive-interpretative methodology: Contributions to the mental health field
  Daniel Magalhães Goulart & Fernando Luís González Rey

18.00-19.30

18.00-19.30 | INVITED PANEL
User-led research by the Service User Research Enterprise (SURE), King’s College London
Organizer: Diana Rose

• Chair and initial remarks
  Diana Rose

• “And so when I’m in here, it means that nobody can touch me”: Using participatory photography to elicit service user responses to the design of acute psychiatric wards – a reflection
  Constantina Papoulias

• Relational dilemmas in carrying out ethnographic work in mental health as a service user researcher: Struggling with immersion and distance
  Konstantina Poursanidou

• Patient Generated Patient Reported Outcome Measures (PG PROMS): Shifting power relations between clinician and service user
  Corrine Anderson

20.30  CONFERENCE COCKTAIL
09.00-10.30 | SYMPOSIUM
Exploring the art and science of psychotherapy
Organizer: Marit Råbu • Discussant: Jeanne Marecek

- Researcher reflexivity: Taking account of the personal meaning of investigating the integration of professional and personal knowledge
  John McLeod, Marit Råbu, Christian Moltu & Hanne Haavind

- Relational perspectives in qualitative research: Possibilities and pitfalls in conducting serial in-depth interviews
  Ida Stange Bernhardt, Christian Moltu & Marit Råbu

- The places that I shouldn’t go: Exploring good therapists’ experiences of the areas in which they function poorly
  Christian Moltu, Marit Råbu & Ida Stange Bernhard

- Disseminating research and creating art in the same act: Theatre built on research interviews
  Marit Råbu & Tyra Tønnessen

9.00-10.30 | THEMATIC SESSION
Practitioner perspectives I
Chair: Niels Buus

- “Your experiences were your tools”: When mental health nurses bring their own experiences of mental illness to work
  Jennifer Oates

- “They daren’t tell people”: Therapists’ experiences of working with clients who report anomalous experiences
  Elizabeth Roxburgh & Rachel Evenden

- Choosing an antidepressant: Profiles, placebos, and pragmatics
  Linda M. McMullen

- The relationships between scientists and practitioners: Neuroscientist’s accounts of translational research in depression
  Kristjan J. Sigurdson & Linda M. McMullen

9.00-10.30 | THEMATIC SESSION
Clients’ experiences of mental health interventions I
Chair: Julianna Challenor

- When therapists cry: Clients’ experience of witnessing therapist’s tears. An interpretative phenomenological analysis
  Alice Watson & Ioannis Fronimos

- Patient education: When learning processes create
new conflicts in conduct of everyday life
Lisbeth Hybholt

• Using mindfulness to manage psychotic symptoms during an acute crisis
Maria Iliopoulou & Maxine Sacks

• Experiences of a brief mindfulness intervention: Daily experience, well-being and relationships
Cath Sullivan

10.30-11.00  COFFEE BREAK

11.00-12.30

11.00-12.30 | SYMPOSIUM
Disrupted attachments, disrupted families? Systemic pathways for change in adoption and foster care
Organizer: Lisa Fellin • Discussant: Ferdinando Salamino

• The Scarlet Letter: Attachment as a dominant narrative in adoption and foster care? A thematic analysis of therapeutic narratives and visual relational maps
Lisa Fellin

• “Beyond repair” Therapeutic strategies with an adopted adolescent and his family: A single case study
Ferdinando Salamino © Elisa Gusmini

• “Who is to blame?” Causal attributions in adoptive and foster families: A content and discourse analysis
Lisa Fellin © Ferdinando Salamino

11.00-12.30 | THEMATIC SESSION
Practitioner perspectives II
Chair: Katia Romelli

• The narrative construction of the ‘wounded healer’
Miltiades Hadjiosif

• Debriefing mental health workers: Exploring the effects of a debriefing service for mental health professionals
Nicholas Sarra

• Responding to risk during a crisis: The views of team members
Maria Iliopoulou © Maxine Sacks

• A critical look at the process of standardized assessment
Camilla Blach Rossen
11.00-12.30 | THEMATIC SESSION
Clients’ experiences of mental health interventions II
Chair: Linda McMullen

- “It just felt like an interrogation”: The psychosocial assessment after self-harm
  Sandra Walker
- Stakeholder preferences for the treatment of schizophrenia and metabolic comorbidities
  Daniel Poremski, Vathsala Sagayadevan, Alvin Lum, Mythily Subramaniam & Chong Siow Ann
- Barriers and facilitators to collaborative antipsychotic prescribing within mental health services: A qualitative study exploring the perspectives of service users, carers and mental health professionals
  Helen Brooks, Kamelia Harris, Penny Bee, Karina Lovell & Richard Drake
- The hospital experience and the service provided at Mount Carmel hospital: The perspectives of the service-users, their carers and the health-care professionals
  Bernice Gauci & Angela Abela

12.30-13.30

12.30-13.30 | KEYNOTE ADDRESS
Investigating relationship: Enabling a paradigm shift
Hugh Middleton
Chair: Vilma Hänninen

13.30-14.30 LUNCH BREAK

14.30-16.00

14.30-16.00 | SYMPOSIUM
Service user and carer experiences of compulsion: International perspectives on coercion and human rights
Organizers: Karen Newbigging & Julie Ridley • Discussant: Karen Newbigging

- First-person knowledge in researching coercion
  Jasna Russo
- Relational damage? The impact of coercion on family relations
  Reidun Norvoll
- Hearing from carers - those supporting people in secure mental health settings
  Julie Ridley
- How family group conferencing can contribute to reducing the use of coercion: Experiences of users and carers
  Elleke Landeweer
14.30-16.00 | THEMATIC SESSION
Loss & distress within the family
Chair: Philia Issari

- Caring for a relative with dementia in Greece
  Philia Issari & Christina Tsaliki
- Sibling loss in childhood: An interpretative phenomenological analysis
  Anastasia Kiriakouli & Zaira Papaligoura
- Challenges to parents’ family-life after their son or daughters’ suicide attempt: A qualitative study
  Lene Nygaard & Niels Buus

16.00-17.00 | THEMATIC SESSION
Women, trauma & distress
Chair: Lisbeth Hybolt

- Stress symptoms in female sex workers in Dhaka, Bangladesh: A qualitative research
  Nasrin Jahan, Muhammad Najib Mohamad Alwi, Dato Abd Rahim, Laila Arjumand Banu & Nurjahan Begum
- Early family trauma marks the beginning of a vicious circle: A qualitative study on female homelessness and drug addiction with the use of photo elicitation interviewing
  Vasiliki Danaskou & Fotini-Sonia Apergi
- From baked beans to hot air balloons: Metaphors of hope in systemic research
  Leah Salter

16.00-17.00 | THEMATIC SESSION
Investigating discourses and practices of mental health
Chair: Julianna Challenor

- Human rights in the domain of mental health: Between juridification and judicialization of care practices
  Eyraud Benoît & Collectif Contrast
- Rethinking the clinical setting: The Greek experience of the clinics of solidarity
  Agostino Carbone
- Mental health care and educational actions: From institutional exclusion to subjective development
  Daniel Magalhães Goulart, Fernando Luís González Rey & Albertina Mitjáns Martinez

17.00-17.30  COFFEE BREAK
17.30-18.30

17.30-18.30 | CLOSING SESSION
Towards QRMH7?
Chairs: Eugenie Georgaca

18.30

CONFERENCE CLOSURE